

HOW CAN YOU HELP?

Volunteer

as a Friend of the Board helping with marketing, community impact, and more! or by helping one our Partner Agencies! email info@uwrutlandcounty.org

Donate

Visit uwrutlandcounty.org or bit.ly/UWRCdonate or mail your donation using the form below.

CONTRIBUTION CARD TO DONATE BY CREDIT CARD VISIT BIT.LY/UWRCDONATE

FIRST NAME LAST NAME

STREET ADDRESS

CITY STATE ZIP CODE

PHONE NUMBER EMAIL ADDRESS

PLEASE FIND ENCLOSED MY GIFT OF \$

SIGNATURE DATE

MAKE CHECKS PAYABLE TO: UNITED WAY OF RUTLAND COUNTY, INC.
67 MERCHANTS ROW | RUTLAND, VT 05701
802.773.7477 | WWW.UWRUTLANDCOUNTY.ORG

Important Tax Information: Gifts are tax deductible within the limits of current law. No goods or services were provided in exchange for this gift.

Thank you for your contribution!

CONNECT WITH US!

Follow us on Social Media
[@uwrutlandcounty](https://twitter.com/uwrutlandcounty)



uwrutlandcounty.org

67 MERCHANTS ROW | RUTLAND, VT 05701 | 802.773.7477



NEED HELP FINDING HELP?
DIAL 2-1-1

2-1-1

Meet the Board & Staff

Executive Director: Ashley Bride

President: Cathy Petrini, *Green Mountain Power*

Vice President: Melissa Norman, *Casella Waste Systems*

Treasurer: Judi Fox, *Rutland Regional Medical Center*

Immediate Past President:

Brian Kerns, *Rutland Regional Medical Center*

Lindley Dannaway, *Peoples United*

Jim Kahle, *Retired Tuttle Publishing*

Robert "Rob" Bliss, *Rutland City Public Schools*

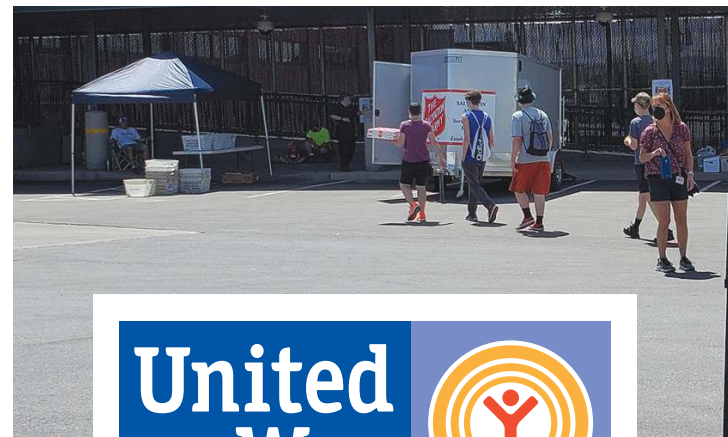
Nancy Bernier, *VABIR*

Matt Russo, *Ryan Smith and Carbine*

Chris Halnon, *New England Federal Credit Union*



Back to Basics



United Way



United Way
of Rutland County



A Word from Our Campaign Chair

Dear Friends:

Welcome to the United Way of Rutland County's 2023 fund raising campaign. This year United Way of Rutland County is focused on getting back to the basics. After two years of a pandemic and now navigating through a recession, we are looking forward to a fresh start. We want to focus on meeting the needs of every institution in Rutland County that calls on the United Way for assistance.

Our 2022 partner organizations and programs include:

The Boys & Girls Club of Rutland County, Come Alive Outside, Fair Haven Concerned, NewStory Center, One to One, Rainbow Riding, Rutland County Free Clinic, Rutland Free Library, Slate Valley Unified School District, Southwestern Vermont Council on Aging, The Compassionate Friends, Vermont Catholic Charities, Vermont Farmers Food Center, VNA and Hospice of the Southwest Region, Meals on Wheels, and the Happy Feet, Snack Sack and Welcome to Winter programs for our children in Rutland County.

But we can do better. We will do better with the generosity from all the great businesses and people of Rutland County. Thank you for supporting the United Way of Rutland County. Matt Russo- Campaign Chair

Matthew Russo

Campaign Chair, United Way of Rutland County

UNITED WAY WORKS FOR YOU

United Way of Rutland County's Targeted Impact Programs directly meet needs identified by the community, with the ultimate goal of facilitating self-sustaining programs.

Happy Feet, serving children in need of new shoes, came about when we heard that local teachers and nurses were purchasing quality shoes for children who could not afford them. United Way of Rutland County does not believe our educators should have to do this, so we are truly grateful for the community support we receive for this wonderful program!



Turning Point Recovery Coaches have worked closely with 9 of the women who were, or are currently, living at the (womens) Dismas House. Four of Turning Point's female coaches have



been assigned to work daily with the house to support not only the residents but staff as well. We created a warm, safe and welcoming environment in our on site office, in which we have established all of our initial coaching relationships with the women. By building up these relationships and participating in weekly house meetings, monthly dinners, daily office hours, facilitating a weekly womens' empowerment group and attending weekly Dismas and Turning Point staff meetings, we have developed a model that best suits the needs of the women and the staff at the house. Without funding we would not have the opportunity to offer the level of daily support integrated into this program. We have been able to support several women through the struggles and barriers that accompany the journey these women are on to recovery and community reintegration.

Partnering with community donors, our **Welcome to Winter** provides hats and gloves/mittens to the children of Rutland County. Through collaboration of area schools, we are able to identify concerns and distribute according to need.



VT Cares provides life-saving harm reduction services, education and resources to Vermonters affected by HIV, Hepatitis C and substance use by increasing access to care, reducing social stigmas and building relationships. This year UWRC funded VT CARES with the Overdose Data To Action Grant to create marketing materials that are brighter and easier to read materials to be more welcoming to participants.



Dismas House is a supportive community for former prisoners transitioning from incarceration. Dismas provides transitional housing for formerly incarcerated people and recruits university students and international volunteers to live in the house. Living in community accomplishes the Dismas mission of reconciliation and continues the original Dismas model. Giving women the opportunity to succeed in a supportive environment makes all the difference to their success.

Helping the Helpers: Using the Body to Heal BUILDING STRENGTH THROUGH WELLNESS: RECHARGING DURING COVID

In this interactive conference we discussed the impact that acute and chronic stress has on first responders and other helping professionals. We explored some common barriers to seek help and how to overcome these hurdles. This was a free conference sponsored by: Castleton University Center for Social Justice and Trauma Informed Care, United Way of Rutland County, Middlebury College Center for Community Engagement

